

DISC Assessment for Team Dynamics

Name:	Organization	Date:
Name	Organization:	Date

Instructions: For each set of four descriptive words below, circle **ONE** letter to the **LEFT** of the adjective that is **MOST** like you and the **ONE** letter to the **RIGHT** of the word that is **LEAST** like you.

D	Accurate	Z	С	Supportive	Y	A	Ambitious	W	A	Assertive	W
A	Abrupt	W	D	Analytical	Z	С	Steadfast	Y	В	Relational	X
В	Talkative	X	A	Aggressive	W	D	Cautious	Z	С	Stable	Y
С	Yielding	Y	В	Spirited	X	В	Sociable	X	D	Competent	Z
С	Sincere	Y	В	Playful	X	В	Persuasive	X	В	Entertaining	X
В	Outgoing	X	С	Sharing	Y	D	Systematic	Z	С	Helpful	Y
A	Challenging	W	D	Technical	Z	A	Diligent	W	D	Picky	Z
D	Traditional	Z	A	Confident	W	С	Sacrificing	Y	A	Strong-willed	W
Α	Daring	W	В	Likeable	X	С	Quiet	Y	A	Audacious	W
D	Perfectionist	Z	С	Quiet	Y	D	Predictable	Z	В	Animated	X
В	Impulsive	X	A	Decisive	W	A	Determined	W	С	Agreeable	Y
С	Relaxed	Y	D	Moody	Z	В	Inspiring	X	D	Suspicious	Z
В	Passionate	X	D	Disciplined	Z	В	Engaging	X	D	Strict	Z
С	Patient	Y	С	Obedient	Y	D	Law-abiding	Z	С	Reliable	Y
D	Formal	Z	A	Goal-oriented	W	A	Independent	W	В	Adventurous	X
Α	Direct	W	В	Hopeful	X	С	Generous	Y	A	Unwavering	W
D	Rational	Z	В	Exciting	X	D	Balanced	Z	В	Energetic	X
В	Friendly	X	D	Critical	Z	A	Inflexible	W	A	Outspoken	W
С	Gentle	Y	С	Hospitable	Y	С	Strategizing	Y	D	Logical	Z
Α	Demanding	W	Α	Opinionated	W	В	Enthusiastic	X	С	Flexible	Y
С	Deep	Y	A	Relentless	W	В	Charismatic	X	A	Courageous	W
В	Emotional	X	В	Dynamic	X	С	Consistent	Y	С	Caring	Y
D	Cooperative	Z	С	Ordinary	Y	D	Factual	Z	В	Carefree	X
A	Persistent	W	D	Precise	Z	A	Visionary	W	D	Guarded	Z